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IS YOUR CHILD STRUGGLING WITH MENTAL HEALTH AT COLLEGE ABROAD?

6 Signs To Watch Out For

By

Farhat Gupta Counseling Psychologist & ICF Certified Life Coach



Farhat Gupta

Adolescence is a challenging period in a young person's life. Parents may not always recognize the emotional and psychological issues their child may be facing. Performance anxiety is prevalent in various aspects of their lives as they strive to have a great body, appearance, be a good friend, fit in the peer group, get good grades, be a good kid, and become social media stars. With so much pressure and limited experience and maturity, anxiety and depression may seem like the next best option to relieve themselves from the rigorous pressure of life.

The WHO states that 10% of students worldwide suffer from mental health issues. Yet, a whopping 41% of students who leave their home country to study abroad face mental health problems.

Most of these challenges usually go unreported and undiagnosed. International students face barriers such as monetary, informational, language, or cultural differences when seeking psychological services. As a minority on campus, the specific needs of international students are often neglected by their host countries. Classically, academic pressure is one of the top reasons students feel overwhelmed. As foreign students, they are out of the comfort of their homes, families, and social circles. It is crucial for parents to become more aware, and provide extra support for their children to help them navigate this transition.

Here are some serious mental health red flags for vigilant parents and counselors:

Flag 1 - Change in Eating & Sleeping Patterns

A very important aspect of living an overall healthy life is nutrition. Of course, it is difficult to know your child's exact eating habits while abroad, but make an extra effort to know their eating pattern. For the mind to function optimally and to stabilize moods, healthy eating, and sleeping habits are pivotal. For example, a lack of Vitamins B complex, and D and minerals like Magnesium, Folate are linked to depression anxiety lack of motivation, and mood disorders. Sleeping too much or too little. Awake the whole night and sleeping through the day with little or no engagement with the real world are all pointing toward a troubled mind. If you see your kid too preoccupied with diet and or weight gain then it's a matter of concern. You may want to notice behaviors like too much exercising, dieting constantly, skipping meals altogether, and worrying about weight gain.

Flag 2 - Persistent Gloominess

Something that lasts more than 2 weeks is an area of concern. If you notice a loss of interest, low energy, excessive complaints about something mundane, or a reduced (or excessive) frequency in how they interact with you, spend time listening to what your child is trying to communicate with you.

Flag 3 - Avoiding Social Settings

This is an important tell-tale sign that the child is not doing well emotionally. You see that your child is not engaging with the other university students. He/she has failed to establish any of their social support systems. He or she feels overwhelmed by any social experience and avoids leaving their dorm rooms. They may excessively call you up so as to feel secure. Alternatively, you may not hear from them at all. So, anything that is unusual must be taken note of.

Flag 4 - Engaging in Risky Social Behaviours

Adolescent age is marked with usual risk-taking and impulsive behaviors. However, too much indulgence in such behavior is an indication of a high need for sensation seeking which the parent must make a careful note of. Very erratic behavior in your child's expression with excessive irritation when checked on their routines is an indication of emotional disturbance. Also, note their reluctance to give you the details of their sudden newfound friends. While it is very normal for kids not to share much information about their social plans you having absolutely no clue about their social plans is something you may want to check in and get more information on. Make sure you must have the contact details of all their friends especially whom they hang out more often. Other signs to watch for may include Excessive drugs/alcohol/sex/smoking, the tendency to self-harm, excessive aggression and anger issues over petty issues and entertaining ideas about suicide. Another cause for alarm is if they suddenly start talking about hallucinations, or an out-of-body experiences.

Flag 5 - Changing Bodies & Medical Conditions

Mental Illness has definitive physical symptoms. It would be excessive weight gain, or excessive and sudden weight loss. Breathlessness, sudden development of phobias, headaches, prolonged migraines, muscle tension and soreness with no apparent reason, irregularity in periods, digestive issues such as diarrhea, stomach pain, and appetite changes with no historical basis, and the emergence of auto-immune disease are all linked with poor mental health.

Flag 6 - History of Mental Health Challenges

If your child has been bullied in school and it has been a traumatic experience for him/her then chances are that he/she may carry this experience to the university. Also if they have engaged in self-harm in their teens their susceptibility increases. If they had trouble in their school social settings chances are they may become anxious about creating a social life while studying abroad. You must carefully assess when is the right time for them to leave home and study abroad alone. Don't shy away from a gap semester or gap year conversation.

It's not an easy job to parent a teenager or a young adult studying far away from home. However, it is important to show that you love them, and you are always there for them. Here are a few things to keep in mind when having that 'how-are-you-doing?' conversation. Approach the conversation with an intent to listen actively. Use phrases such as "It must be difficult for you, and I understand" to show empathy. Avoid blaming yourself or feeling guilty if things aren't going the right way with your teen. Listen to your teen's perspective without bringing your own autobiography into the conversation. Encourage your teen to express their frustrations and support them.

PS: Here is the video from a workshop I recently conducted: https://tinyurl.com/2k2ypnd5

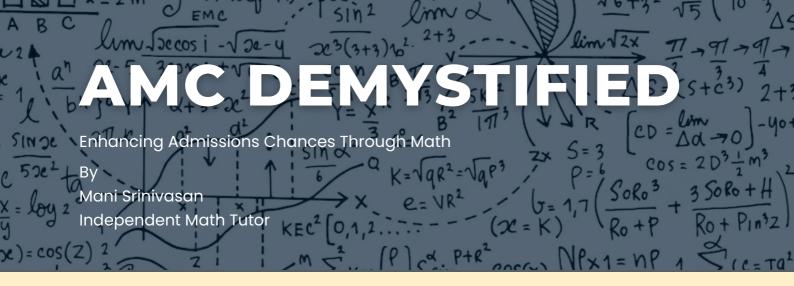


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Mani Srinivasan

AMC or the American Mathematics Competition is a collection of exams designed to challenge and inspire talented high school students in mathematics. While it forms the baseline exam to ultimately help shortlist a handful of students to represent the United States team in the prestigious International Math Olympiad (IMO), there is a lot of incentive for non-US students as well to give their best shot at it. The popularity of these exams has grown so much over the years that they are taken by students all over the world. The syllabus/scope is both comprehensive and modern. These exams are so well designed that many top universities such as MIT now ask students for their AMC scores as a fundamental ingredient in their applications. It is offered at 3 progressively harder levels - AMC 8, AMC 10 and AMC 12.

Benefits of performing well in the AMCs:

- For students outside the US, it can significantly boost their college application profile and thereby admission trajectories into top universities, especially engineering programs. It demonstrates a high level of aptitude and interest in mathematics which can be particularly relevant for those planning to major in a STEM field. This ability and passion for Math stands out to admissions officers.
- Even if a student is not inclined towards STEM, a good performance demonstrates problem solving skills and the ability to think critically; both traits being highly valued by colleges and universities. These skills are important not just in Math and Science but also in other academic areas and at the workplace too.
- Many colleges and universities offer scholarships and other forms of financial aid to students who excel in the AMC exams.

How to Prepare for the AMCs:

Preparation requires a combination of practice, strategy and knowledge. Here are some tips:

- **Understand the format:** These exams are MCQ based which focus on problem-solving and critical thinking in mathematics. The 25 questions get progressively harder, but each question carries the same weightage. It is very important to make sure that no silly mistakes are committed in the easier questions.
- Build your Math skills: The exams cover a range of topics algebra, geometry, number theory, combinatorics and probability. AMC12 syllabus includes Trigonometry, Complex Numbers and Logarithms as well. Practicing extensively in these topics helps increase both speed and accuracy.
- **Practice from previous years exam papers:** The past papers are all available online and practicing from them can help one get a sense of the types of questions posed and their associated difficulty level. It can also help identify areas where one needs to focus more.

- Learn test-taking strategies: Knowing how to approach MCQs and managing time effectively is as important as knowing the material. Strategies for eliminating obvious wrong answers, guessing intelligently and optimally pacing oneself can all be big differentiators.
- Join a Math club or study group: This can help one stay motivated and get support from others pursuing the same goals. Learning from each other's approaches is immensely valuable.
- Work with a tutor or teacher: Seek support/guidance from good tutors to ascertain where you need more practice and which topics are easy wins.

Remember, the key to success on the AMC exams is consistent practice and a willingness to learn and improve. With dedication and effort, you can sharpen your math skills and perform well on the exams.

How can a qualified instructor help:

There are 3 components to success in competitive Math.

- innate talent some are naturally gifted.
- mastery by hard work the more one practices and has exposure to variety of problems, both speed and accuracy improve.
- guidance an able coach can make a difference by:
 - identifying both strong and weak spots for each student. The cut offs typically are about 65% of the max score. Cashing on one's forte is key.
 - helping figure which questions to skip. Although the questions are mostly in increasing order of difficulty, some take too long to work out. Having a sense for it helps optimize available time.
 - helping learn to eliminate obvious wrong choices by techniques like dimensionality check, symmetry argument, estimation, and limiting case behaviour. AMC8 does not have negative marking, while AMC10, AMC12 do. Nevertheless, this skill drastically increases the probability of getting a question right.

Steps to taking the AMCs:

- Find a local test center: The AMC exams are administered by the Mathematical Association of America (MAA) in the United States, but they are also available at select international test centers including India. Check the MAA website to find a test center near you.
- **Register for the exam and pay the fees:** Once you've identified a test center, you'll need to register. The registration process and deadlines may vary by test center, so be sure to check with the center directly for instructions. A registration fee (around Rs. 1000-1500) is typically paid directly to the test center or through an online payment system.
- **Take the exam:** On the day of the exam, be sure to arrive early and bring the required materials. Follow the test center's instructions and be sure to manage your time effectively during the exam. Nowadays AMCs are mostly given from home through AI proctoring.
- **Receive your results:** This takes about 8 weeks. If you perform well, you may be eligible for awards or recognition from the MAA like honour roll or a distinction and may qualify to the next level called AIME.

What next after AMC? What is AIME?

The AIME (American Invitational Mathematics Examination) is an intermediate examination between the AMC10 or AMC12 and the USAMO (the nationals). A score of 100+/150 or being in top 5% in AMC12 qualifies one to take AIME. Likewise, 120+/150 or top 2.5% of AMC10.

AIME is a 15 question, 3-hour exam where each answer is an integer from 0 to 999. The questions are much more difficult and unlikely to be solved by guessing. All problems can be solved by precalculus methods, although no penalty is imposed for using calculus. Also, no calculators are allowed, like in the AMCs.





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Known for its innovative curriculum, global vision and commitment to sustainability initiatives, Dickinson is a four-year residential liberal arts and sciences college chartered in 1783 and located in Carlisle, Pennsylvania. Our 2,300 students hail from 43 states and territories and 40 countries on six continents, and we rank in the top 40 nationally on Open Doors' list of baccalaureate colleges enrolling international students.

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- Recent graduates have been accepted to prestigious grad schools including MIT, Cambridge, Harvard and Princeton and are employed at companies including Google, LinkedIn, Deloitte, JPMorgan Chase & Co. and McKinsey & Company.



Dickinson is typically ranked as one of the top 50 liberal-arts colleges in the U.S. Carlisle, PA • • PHILADELPHIA • WASHINGTON, D.C.

CA, CFA, ACCA

Which Is The Better Certification For Future Accountants?

By Vaibhav Mandhana Founder, F-Look Up LLP



Vaibhav Mandhana

Very often I am asked about the difference between these three finance courses: CA (Chartered Accountant), ACCA (Association of Chartered Certified Accountants) and CFA (Chartered Financial Analyst). These may seemingly look alike but in fact, are quite different from each other. Depending on the sub-domain you want to excel in, you should choose one or more from these. Let's now deep dive into each one of them.

CA is a course governed by the ICAI (The Institute of Chartered Accountants of India) with Audits/Accountancy and Taxation being the subjects central to it. Similar to ICAI, the ACCA is based out of the UK; likewise, CPA (Certified Public Accountants) in the US. Simultaneously the world is moving towards a standardised way of Accounting and Audit namely the International Financial Reporting Standards (IFRS). Along the same lines, the US follows GAAP (Generally Accepted Accounting Principles).

As these institutes do acknowledge each others' qualifications they give exemptions to students for various papers if they already have obtained their home institute's degree. Essentially, each country has a set of different tax laws which makes it crucial for any student who wishes to practise in this space to pursue a degree in that particular country. So if you are a CA from India wishing to practise Accounting in the US, we would encourage you to complete CPA. CA is a rigorous finance professional degree having global recognition for exemptions with a practice module consisting of three years of internship which makes it a 4.5 year long rewarding course. On the other hand, ACCA is a relatively easy course for anyone pursuing CA or a moderately easy course if that's your primary degree.

ACCA is a globally recognized professional accounting qualification that provides comprehensive knowledge in accounting, finance, and related areas. To pursue the same, a student must undergo three years of work experience. In addition, ACCA has two advantages, one is its flexibility that the candidates can choose their own pace of study and take the exams at their convenience and the second is the exemption from certain papers of other finance courses.

CFA is a different ball game altogether. It is typically pursued as a second degree by most finance professionals in India. It's a degree by the CFA institute from the US which is a moderate/easy course to pursue if you already have completed CA/CPA/CS/CMA as there is an overlap in terms of a multiplicity of the topics. The CFA course can be commenced in the third year of college which is focused more on Finance and Investments, both debt and equity markets, it does not require any internship, unlike other Finance courses. If cleared at the first shot, the time duration to complete a CFA degree can be less than 2 years. Most of the people I have met possess this as a second degree, so finance people who wish to change their area of practice to Investments/Finance should absolutely pursue this degree.

In a CA course, a student gets thoroughly acquainted with Indian Accounting, Auditing, and rules around taxation along with practical internship experience of working In a CA firm for about 3 years. Whereas, in ACCA which has around 13 papers a student gets to learn about IFRS, Business, Management, and Financial Accounting. The CFA focuses on learning about Investment tools, Assets Valuations, Corporate Finance and Portfolio Management.

A quick tip for anyone to choose between these courses will be your subject matter liking and the country you want to be settled in. While CA has the maximum recognition in India, the ACCA degree can be an add-on for you if you wish to make a career in the same space and render services to a global clientele. CFA should be pursued by anyone looking to make a career in the Investment or Finance domain globally.

The most common job available for a Chartered Accountant will be offered by the Big Firms across the globe in the Accounting/ Auditing, and Taxation domain followed by Finance team members in the corporate sector; for someone who wishes to run their own practice also, CA will be a very useful degree. Someone having a degree from the ACCA will get a job in the International Accounting or GDS department of Big Firms and will have very limited opportunities in a corporate role. CFA on the other hand will get opportunities to work for a fund in Research, Investment Banking, Portfolio Management, and Financial advisory domains.

Overall, the choice of which course to pursue will depend on the individual's interests, time availability, and career goals. It's important to carefully consider each course's requirements, duration, and focus before making a decision.

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8 INTERIOR DESIGN PROGRAMS TO EXPLORE

Options Every Interior Design Student Must Weight

By Kunjan Shah Mumbai Based IEC



The child has finally made up her mind: she wants to study Interior Design, not Architecture, or Interior Decoration. She has solved the great dilemma that every design kid goes through. Upon graduation, she will join a growing industry with a need for innovative and sustainable design solutions. Interior Design - a field that combines entrepreneurial thinking, creativity, and practicality to create beautiful and functional spaces. Now, she looks to you to help her choose which college and course to attend.

Kunjan Shah

Consider the following programs as you mentor the next generation of Interior Designers:

National Institute of Design (NID) in Ahmedabad, India - (4 years)

Their curriculum is project-based, with a strong emphasis on hands-on, experiential learning. NID's unique strengths lie in its focus on sustainability and the integration of traditional crafts and skills into the curriculum. NID is accredited by the National Assessment and Accreditation Council (NAAC) and the All India Council for Technical Education (AICTE). The campus is well-known for its unique architecture and beautiful landscaping, which makes for a calming and inspiring atmosphere. Students look forward to 'Chaos', NID's annual week-long festival that celebrates India's diverse cultural heritage through music, dance, exhibitions, workshops, and competitions.

University of the Arts London (UAL), UK - (3 years)

UAL offers a range of interior design programs, including specialized degrees in spatial design, interior and spatial design, and interior design. Their student-centered curriculum encourages experimentation and innovation. The BA (Hons) Interior and Spatial Design program focuses on exploring the relationship between people and spaces. The campus is spread across several buildings in central London, offering a bustling and vibrant atmosphere with plenty of opportunities to explore the city. The university also hosts an annual event called "The Show," where students from various art and design disciplines showcase their work, providing an excellent platform for networking and exposure to the global design industry.

Centre for Environmental Planning and Technology (CEPT) in Ahmedabad, India - (5 years)

For those looking for a more hands-on and practical approach, the program at CEPT in India could be a good fit. CEPT's Bachelor's program in Interior Design explores design solutions that address social and cultural issues while also being environmentally sustainable. The program has a strong foundation in traditional design principles and architecture. The CEPT program is accredited by the Council of Architecture (COA) in India. The campus is known for its modern architecture and green spaces, which create a welcoming and eco-friendly environment. CEPT has a unique tradition called the "Chai Pakoda," where students and faculty gather for a break over a cup of tea and some snacks.

Indian Institute of Art and Design (IIAD) in New Delhi, India - (4 years)

If sustainability is your passion, consider IIAD. The Bachelor of Interior Design program emphasizes innovation, creativity, and critical thinking, with a curriculum that includes courses in design, history, theory, and technology. Students have access to state-of-the-art facilities and opportunities for hands-on learning through internships and collaborative projects with industry partners. The program is accredited by the University Grants Commission (UGC) and the Association of Indian Universities (AIU). The campus is located in a modern, state-of-the-art building with ample natural light. IIADs most awaited is "Art Night," where students and faculty members come together for an all-night art-making marathon. This gives an opportunity to network, collaborate, and learn from each other while experiencing the thrill of creating art under time pressure.

Savannah College of Art and Design (SCAD), USA - (4 years)

For those seeking a global perspective, the SCAD program with campuses around the world, could be a good option. SCAD's Bachelor of Fine Arts in Interior Design program emphasizes creativity, technical skills, and professional development, with a curriculum that includes courses in design, history, theory, and technology, as well as hands-on learning through projects and internships. The program is accredited by the Council for Interior Design Accreditation (CIDA) and the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC). The campus features historic buildings in Atlanta and Savannah, Georgia, with stunning architecture and a charming Southern charm. They also have a study abroad opportunity in Lacoste, France. SCAD has a unique tradition called "SCADpad," a collaborative project that brings together interior design, architecture, and other disciplines to design and build a sustainable micro-home that fits within a parking space.

Rhode Island School of Design (RISD), USA - (4 Years)

RISD offers a Bachelor of Fine Arts in Interior Architecture program that emphasizes critical thinking, material exploration, and experimentation. There is a lot of research focus and an academically inclined curriculum. RISD's interdisciplinary approach encourages students to collaborate with other departments, such as furniture design and industrial design, to develop holistic design solutions. The program is accredited by the Council for Interior Design Accreditation (CIDA). The campus features a blend of historic and modern architecture, with beautiful gardens and outdoor spaces that make for a peaceful and inspiring environment. The RISD Graduate Thesis Exhibition is a highly anticipated event on the RISD campus, and it celebrates the achievements of the school's students while providing a glimpse into the future of design.

Florence School of Design (FSD) in Florence, Italy - (3 years)

Florence School of Design's program is a unique blend of traditional and contemporary design techniques, with a strong focus on sustainable design practices. The curriculum covers essential topics such as drawing, technical drafting, and the history of art and design. Florence School of Design's campus blends modern and historic architecture. The school's lush courtyards, gardens, and terraces offer students a serene environment to study and relax. FSD is accredited by the Italian Ministry of Education. One unique feature of FSD's campus is its tradition of hosting annual art and design exhibitions, showcasing the talents of its students and faculty to visiting industry experts.

Special Note on Spatial Design

In addition to traditional Interior Design programs, some universities offer degrees in Spatial Design, which focuses on designing three-dimensional spaces for a variety of uses. While there is some overlap with Interior Design, Spatial Design often includes more emphasis on architectural elements such as lighting, acoustics, and building materials. One notable program in this field is offered by Central Saint Martins in London, which is known for its innovative and interdisciplinary approach to design education. The campus itself is also a noteworthy feature, located in the heart of London's vibrant arts and design scene.

Easter Egg: Know this before starting an Interior Design program: https://tinyurl.com/336hzn7n

9 STUDY ABROAD DESTINATION MOST PEOPLE OVERLOOK

Look Beyond US, UK, and Canada By Neeraj Mandhana Independent Education Consultant



Neeraj Mandhana

Crossing countries and continents to get the best education possible has become a global phenomenon. But why is choosing to study abroad when you have good universities in your own country so popular today?

From helping gain better job opportunities to improving your overall social and communication skills, studying abroad has many fantastic benefits. Living away from home can be a great personality shaper. Surely you will experience a new culture, perhaps learn a new language, and above all, make friends with people who are so different from you: the perfect recipe to make an independent-thinking adult. Finally, many families want their children to settle down abroad and pursue a higher quality of life away from India.

As we move further into 2023, it's natural to wonder which countries offer the best quality of life for their residents. While the United States, Canada, the United Kingdom, the Middle East, and Singapore, have been primary destinations for Indian students, there are so many non-mainstream-English-speaking countries that our children must consider. With so many countries to choose from, it can be challenging to decide where to settle down. To help you make an informed decision, consider the following list of countries to explore:

Switzerland

Despite its high cost of living, Switzerland has been named the best country to live in for 2023 due to its safety, public transit, healthcare, education, low taxes, and elements of direct democracy. It has a high life expectancy of 84 years and the highest average after-tax net income.



Denmark

This country values human connection and socializing more than work and wealth. Denmark has the second happiest people, the best healthcare system, the second-best work-life balance, the third-lowest poverty rate, and the fourth-best schooling system.



Norway

Known for its remarkable natural beauty, minimalistic yet complex architecture, and excellent social safety nets for its residents, Norway is ecofriendly, and the government invests excess profit back into the government pension fund.

Australia

Australia

With a high quality of life, a multicultural environment, an excellent education system, and efficient healthcare, Australia's economy continues to grow, thanks to its abundance of highly educated immigrants. BTW: Here is something curious: https://tinyurl.com/India-AUS-HigherED

Finland

Known as the happiest country in the world, Finland has clean air and water quality, a corrupt-free government, free education, and high-quality healthcare.

Japan

With an incredibly high speed of innovation, problem-solving, and technologically advanced culture, Japan is one of the cleanest and safest countries in the world with a vast and diverse landscape. The country's schooling system is one of the best and most egalitarian in the world.

Czechia

This country impresses with its picturesque towns, over 2,000 castles and palaces, excellent healthcare, top-notch universities, and growing economy, making it a great place to visit or reside in.

Ireland

With a booming economy and the second-most educated population, Ireland creates an outstanding job market. The country also has an excellent healthcare system, is home to several large US companies, and has a friendly tax code.

Deciding where to study abroad and settle down can be a tough decision, but considering factors such as healthcare, education, social safety nets, natural beauty, and quality of life can make the choice easier. Beyond these basics, you must reflect carefully on the presence of a local Indian community, visa restrictions for employment and visiting family members, ease of moving money abroad, local tax structures, and language barriers.

Bon Voyage.













EMPOWERING THE TEEN VOICE

Role of Trinity Speech & Drama In A Child's Personality & Profile Development By Neelu Virk Founder, The CAN Academy of Performing Arts



Neelu Virk

In a world dominated by the written word, it is crucial to cultivate the art of effective communication in young minds. As a Speech Communication and Drama teacher offering Trinity College exams, I have witnessed the transformative power of this program in enabling children, aged 6 to 16, to become confident orators. These exams serve as an essential outlet for children to be heard, debate ideas, express opinions, overcome stage fright, and ultimately foster their overall development.

Finding Their Voice

In traditional Indian schools, there is often an overemphasis on reading and writing skills, leaving little room for spoken communication. Trinity College exams address this imbalance by providing a platform for children to find their voice. Through various speech and drama activities, students are encouraged to express themselves confidently, articulately, and persuasively.

Building Confidence

Stage fright can be a significant hurdle for many individuals, regardless of age. At CAN (drama institute) we create a safe and supportive environment where students can gradually overcome their fear of public speaking. Regular practice sessions and performance opportunities allow them to develop self-assurance and boost their overall confidence levels.

Developing Critical Thinking

Effective oratory skills go hand-in-hand with critical thinking. By engaging in debates, discussions, and impromptu speaking exercises, children learn to analyze, evaluate, and articulate their ideas in a structured and coherent manner. This fosters the development of their analytical and reasoning abilities, enhancing their overall cognitive skills.

Cultivating Effective Communication

The ability to communicate effectively is a fundamental life skill participating in storytelling, poetry recitation, and prepared speeches help in fostering clarity of expression and also develops active listening skills, empathy, and the ability to adapt communication styles for different audiences.

Nurturing Creativity

Speech and drama offer a creative outlet for children to explore their imagination. Through improvisation exercises, role plays, and script reading, students participating in Trinity College exams helps them become more well-rounded individuals.

As a speech communication and drama teacher, I am privileged to witness the transformative impact of this program on young learners, empowering them to become confident, articulate, and expressive individuals who can confidently navigate the challenges of the modern world.

Over the years, I've partnered with several schools and independent education counselors in helping students showcase their Trinity S&D accolades to Universities in India and abroad. On several occasions, students have decided to dedicate their college supplemental essays to our engagement. Students pursuing Humanities and Languages have found themselves talking at length about how these experiences shaped their personalities, skills, and college readiness. STEM-focused students have tended to write about how these 'beyond-STEM' classes have helped them become better communicators and team players, something I gather top-tier colleges are looking for in future Engineers. Business students have often found the most value in the art of public speaking. On several occasions, students have reached out to me to write an external recommendation letter that allowed me to highlight their personalities and learning style in a non-school setting, as well as comment on their college readiness. Counselors often told me how students spoke about engaging in this activity in the activity or the academic honors section of their college applications.



AN AVIATION CAREER & LYNN UNIVERSITY

Discover What Makes The College A Launchpad For The Field

By Renee Loayza Director of International Admission Lynn University



Renee Loayza

At Lynn University, we do things a little differently. iPad-powered learning, accelerated degrees and conversations instead of lectures. Students come from all over the globe to immerse themselves in Lynn's culture and community.

With approximately 3,500 students from over 100 countries, our student population is 17% international—creating a unique and inclusive atmosphere. In fact, we have consistently ranked as one of the Most Diverse Colleges in America and for Most International Students. We've also been recognized for our innovative learning, teaching and campus environment.

When it comes to studying at Lynn, our small class sizes allow for personalized instruction. Our Burton D. Morgan College of Aeronautics also offers an individualized approach to teaching, which is known to be highly effective. The college's FAA checkride pass rate is 95%— well above the national average of 85%. The college provides many opportunities to learn by doing through hands-on experiences with flight simulators, logging real flight time and taking off-campus field trips, while also offering an award-winning curriculum and professional development. Plus, it's only five minutes from Lynn's main campus.

If you're thinking about an aviation degree, our aeronautics college offers four different bachelor's programs:

- Aviation management
- Aviation operations
- Aviation security
- Professional pilot

As a student in the aviation management program, you'll learn to manage and maintain operations while also keeping an eye on the future of the business. The aviation operations program teaches you aircraft operations, air traffic basics and aviation technologies. Or it could be that you're interested in our aviation security program, where you work with law officials to ensure the safety of airports, aircrafts and passengers.

Want to take to the skies quickly? Our professional pilot program is the way to go. By keeping the number of students in the professional pilot program to under 100 each year, we offer a boutique learning experience that ensures plenty of real-world flight time in as early as your first week of instruction.

Career opportunities in aviation

Today, career opportunities in aviation are incredibly varied, and many of these roles are in high demand. By 2027, the aviation industry is expected to see a 5% growth rate. There are many career paths to take as an aviation professional. You could work toward becoming a charter, commercial or professional pilot. Lynn's graduates are among the industry's highly trained pilots and airline professionals serving roles at American Airlines, JetBlue, National Guard, NetJets, Spirit Airlines and the U.S. Air Force.

You may also enjoy life in airport management, leading others in maintaining efficiency from the runway to baggage claim. Or you can stay behind the scenes in fields like air traffic control, flight dispatching, crew scheduling or safety inspection. The business side of aviation can also be exciting. As an aviation operations manager, you will ensure that FAA regulations are met, manage air traffic and ground controllers, as well as lead the hiring process.

No matter which path you choose, the aviation industry is looking for organized, multi-tasking problem-solvers just like you. Learn more at lynn.edu/aviation.

Did You Know?



The City Montessori School in Lucknow, founded by Dr. Jagdish Gandhi and Dr. Bharti Gandhi with just 5 children in 1959, now boasts over 32,000 students! This prestigious institution has received international recognition, including the UNESCO Prize for Peace Education in 2002 and the 'Hope of Humanity' Award from the Dalai Lama. With over 21 branches across Lucknow, it's claimed by many to be the largest private school in the world.

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